

The Boyfriend Experience

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Tired of finally getting the girl you want to then loose her and not know why?

I have been here many times, as I'm sure most of you have. Learning how to recognize your symptoms of getting the sickness and becoming needy is essential. The problem is that you finally like this girl so now your vision is blurred. Yet all the girls that like us seem to fall into our laps and we lose interest, a vicious circle...

Here are the main points I cover in this eBook:

How to keep a clear head when your emotions are out of control for a girl

Manners and class... Being a real man and a good person in general, with a playful attitude...

When to be hot and when to be cold (details about going for the first kiss)

Beginning the relationship process and how to pace your self to win her over..

Being passionate and guaranteeing pleasure – Kissing, Foreplay and other tips ;)

Sealing the deal and keeping her interest after you have hooked-up or had sex...

Chapter 1

“Get your head in the game! The one on your shoulders...”

So if you have decided to buy this book about “The Boyfriend Experience” BFE, then I am guessing that you have been in a similar situation in the past. This book is designed for the guys who ARE looking for a relationship and usually tend to be picky, and then find a girl they like and roll over like a puppy dog. Awww... How cute, they will rub your belly, but an attitude like that is going to fade an attraction quickly.

In the beginning of a relationship always has to always be approached with caution. If you have ever had long-time girlfriends take a moment to remember the very beginning of the relationship and how you courted her. Chances are that you we’re really calm and happy in life, you didn’t rush things and had patience even if you were burning inside. Either way, whether you remember or not, there was probably a bit of courting and patience if the girl was worth it and good looking.

You have to always remember less is more in the beginning. What we don’t realize is that love actually does mess with our better judgment. It’s actually proven! The term love I use loosely here. When I say love I am referring to the initial feelings you get with a woman you really like, lust might be a better term but I feel this time of a relationship is a mix of the two leaning more towards true feelings.

This is where “The Boyfriend Experience” technique can help you understand how to keep your head straight. It is a simple way to put things into perspective. When a man dates a woman and they are boyfriend and girlfriend it is like an equal partnership where they help each other out. In a healthy relationship no one person walks all over the other, the power is shifted back and fourth constantly keeping a balance between the sexes. When that balance is thrown off, one person has the upper hand. In relationships, loosing the upper hand for long periods of time might fly, but when it’s the beginning of a relationship that balance is more fragile than ever. Loosing the upper hand can happen so quickly and you won’t even recognize it!

That is why I say less is more. In my experience, I have found that when you are sitting around thinking if you should do something (email, txt, call), but not really sure...Take a step back and don’t do anything. Wait it out, go and do something where you can’t really be contacted. Get it off your mind! You always think “it’s different this time”, yeah yeah... I do too! This is love fucking with your head, don’t listen. Pretend she is just like any other girl and you’re actually not sure if you are really interested in her.

If she asks you to hang out quite often then turn her down a few times randomly, but have a good reason so it does not seem shady. Girls hate shady guys and vice versa. An easy way to do this is actually make other plans! See where I am going with this, you need to have stuff going on in your life. If you are happy being a lazy bum then you are not going to meet any worth while girls. Do it for yourself, not just for girls, or do it for girls, whatever gives you some motivation. Once you have accomplished this, you will see that you might have been missing out on life by being at home with nothing to do. By joining groups and taking classes in your area, not only will you meet new people, you might actually learn something.

Become the Man that women want

When you are dating women they like to go out and do things, explore new places, and you should too. Instead of just pursuing women you have to pursue goals in life, having a great woman is just one of those goals. She needs to see that, and you need to show her. Be passionate about what you like and defend your points with class, don't cater to her emotional rollercoaster, be a man!

Chapter 2

Manners and Class

It's funny, I have read a lot of things about being a strong man and keeping healthy, but rarely do people talk about having manners and class. You might look and smell good, but if you have no class you're just a dressed up piece of pompous prick. To clarify, I am not talking about being nice; I am talking about being a gentleman. Not catering to a girl, but showing her respect as a woman. Not kissing her ass but throwing in a compliment among the negs to balance your game out.

Let's start with the basics:

Eating:

1. Wipe your mouth with a napkin between most bites, if you have facial hair this is a must!
2. If there are a lot of different forks and spoons (nicer restaurants) always start from the outside going in towards the plate for each course.
3. Always have the napkin on your lap, not the table
4. Have patience with the service even if your date does not
5. Look in to their eyes when talking to them, but do not stare at them when eating
6. If you have to pick your nose or something, never do it at the table even if using a tissue – go to the bathroom.
7. Try to keep your hands relatively clean, and make efforts to not spill anything or stain your clothes
8. Keep your conversation a low volume, don't be that table!
9. Do not answer your cell phone at the table, leave the room if you really have to or just call them back later

The list can go on much further, but those are some of the more important points.

Family, Friends and Cooperate Events

Now even though these events are drastically different in your woman's life, you may not realize how similar they are for you to play. As I said before, less is more... You might be able to be loud and funny and win them over immediately, or you might offend them. Look at it this way, the more you try and add to the conversation and be accepted, the more you can fuck it up! At events like these, people will include you just because you are with a member of their crew. If your woman leaves you alone, go and mingle casually so she sees you can handle being alone among her friends. Casually means just bullshitting, keep the conversation simple not touching on any issues that might offend anyone. Politics and religion are land mines waiting to happen, steer clear of those.

Be nice to everyone and smile. Even if you say five words the whole event, a smile can make anyone seem pleasant as well as encourage people to smile back and start conversations with you.

Here are a few bullet points on these types of events:

1. Dress for the event. If you are not sure, call the girl you are going with and ask her about it
2. Keep conversations simple and pleasant
3. Be comfortable waking around and hanging out without her, even if you have to fake it
4. Take an interest in what other people are saying; this is a great way to seem comfortable. Find someone who likes to talk a lot and ask them questions. She will probably come and rescue you if she sees you in a situation like this.
5. Smile and be confident! She invited you already...

General Tips on Manners and Class

1. Opening and holding doors...just do it.
2. Holding your hand out for her to hold for balance if walking down a hill or somewhere she might fall because of wearing heels
3. Pulling out her chair at a restaurant for her to sit (use this rarely on special occasions)
4. Waiting to for her to get inside safely before driving away after taking her home from an event

Some of these things can seem too much for one girl, and they are! The key is to always have manners and do theses things for ALL women. That way you are not signaling out the one you are working, you just actually have manners and are a gentleman!

Chapter 3

When to be hot and when to be cold...

The age old question when it comes to keeping a balance, when do be hot and when to be cold. I usually follow a simple pattern with some variations.

My approach to the bar scene

The bar scene is a unique place and this is the method that I have found works best. The goal is to somehow meet the women before you get to the bar, which could be anywhere, including another bar, waiting online to get in or even at work... Any time my friends and I have taken girls home from bars, we all or one of us have still put in about 7-10 hours of time into at least one of the girls. You need to get around the women feeling like they just met you at a bar, build comfort with them and take an interest in them and their friends. If things don't work out that night, don't push it. Just play it cool and let them leave. Chances are that you or one of your friends is in contact with one of the girls and you will have another shot in the future. Move on and don't get hungry.

In person Meeting

If you met them in person then you were likely to be on your game that night especially if you seduced her for the number. You call a few days later and set up a time to meet. Don't remain on the phone too long; just make the plans, some small talk and politely end the conversation.

On the date, be polite but act like you have not been won over yet. Ask her questions about herself, quiz her, you want to question her to see if she is worth dating you! You have to be a man with standards who expects the woman you date to have her shit together. Just as they expect you too. Be careful of getting into a situation where she is on the offense with you and knows everything about you and has already made up her mind. Balance is Key! If you feel like you are on the defense or having to prove yourself from her questioning, you need to get on the offense without getting an attitude.

Online Meeting

Meeting online for the first time is a little different so you have to make plans as soon as possible. The online game is all timing. If you have a girl who agrees to meet, don't let it linger. Meet her and make a decision if you would like to see her again. If you like her, keep it short, no longer than 2 hours of talking, and only that long if it is flowing. Leave with intentions to see her again and the next date you take her on will be like you met in person already. So continue with the in person meeting section at the "on the date" section.

Going for that oh so important first kiss...

The first kiss is always hard to judge and is the first hurdle to make in building a possible relationship of any kind. Eye contact is a major factor in reading possible moments, I say moments because there will likely be a few times you can go for the first kiss if the girl is interested. Most kisses are easy to close if they come at the end of a date; it's kind of a ritual in dating. But to be different and passionate, you might want to go for it earlier if you see an opening. Don't force it! Be patient and wait for or set up the right atmosphere.

Key points:

Try to isolate her from the crowd at different points of the date, see if she feels comfortable...

Look for times where you lock eyes and/or if she is looking in your eyes or at your lips

Smile directly at her for no reason and see if she smiles back or even blushes

Wait 30 minutes to an hour into the date before trying anything but maybe some Kino

When you go for it, do not hesitate, look or ask for approval. Just do it!

Chapter 4

The beginning of the relationship process and how to pace your self to win her over.

There is one constant theme that I want you to recognize here, patience! It's never a problem with the girls we don't really like, but when it comes to the ones we do like; men get too anxious. When I talk to people about the concepts in this short guide I try and relate it to business development, because in a way, business is all about relationships.

You have to create the illusion that you have something they want, something they need! If they decide to pass it's no big deal since there is a big demand for people like you. Try your hardest to convey this without saying it; I see a lot of guys come off with a pompous attitude when trying to play it cool. Use body language to show that you are comfortable and confident. Ask her questions about her goals and what she likes, interview her little but be respectful and don't ask something that might offend her.

Texting and Phone Calls

I go back and fourth on texting in the beginning of a relationship, although I do like texting and I use it a tremendous amount when in a relationship, my advice is to keep it to a minimal during the first month. Texting can be very confusing and messages can come off the wrong way since you don't see any facial expressions and/or here a tone of voice. In my experience, more bad can come from good when texting in the beginning.

Phone calls are really the best way to tell if there is a real interest. It's easy to text someone, but when a girl picks up your call or takes the time to call you back it shows more interest. Again, be patient! Always leave a message when you call and don't call multiple times in one day or over a span of days. If you do not receive a call back, then just wait and try her in the next week. Sometimes people are just busy and you should be too!

Have other things going on in your life so you don't get hungry and come off too needy. I have made this mistake and lost girls that I had great connections with by being too available or seeming needy because I really liked them. This is where I feel most guys loose the girl. Maybe you feel like you already have her and you don't have to play the game, **WRONG!** Don't let your emotions cloud your vision, keep the piece if yarn dancing in front of the kitty or she will get bored and run away.

People want a challenge; anything that comes easy in life seems to loose value real quick.

A simple example of this is when someone buys you something and when you buy it yourself. Chances are that you tend to value the things that you spent your own hard earned money on. The things that took time to get, time you worked for... are you picking up what I'm putting down here?

The beginning of relationships are not that complicated, we have them everywhere around us and in many different ways. Neighbors, co-workers, cashiers in stores we frequent, people on our daily commute to work. You can practice your relationship skills everywhere, not just with the women you want to date.

Chapter 5

Being passionate and guaranteeing pleasure – Kissing, Foreplay and other tips ;)

For this chapter, as in the rest of my book, I will just talk about the meat and potatoes (as in the stuff you want to know)

Kissing

This is probably the most important part of pleasing a woman and where I feel most men fail. Girls have told me over and over that if a man can not kiss like an adult, they head for the door.

Kissing is like a lost art among men. A kiss can do almost all the things to a woman that you want to without touching her! It's the doorway to more dates and I sign of passion and your love making.

There is a rule that I have applied to kissing which has been agreed to by many women in my life. It's a simple rule that can be used in almost everything you do in life.

The 80/20 rule

Here is an example of it being used to describe business:

80% of the people make 20% of the money while 20% of the people make 80% of the money.

Now think of kissing, you basically use 2 things when you kiss: lips and tongue. The key is to balance them with this rule. 80% lips and 20% tongue, never the other way around...

When you lean in for a kiss, keep your mouth shut! Let the woman come to you, just like in the movie Hitch with Will Smith. I can not stress this enough, less is more here, dangle the string in front of your kitty or she will be bored. When you feel her becoming more aggressive, then you can step it up a notch. Let her lead here the first few times you kiss, learn her style and adapt to it. Kissing as in sex is best thought of as a dance, you want it to be fluid and seem natural.

If you find yourself pushing or forcing it a little, then just relax and let her come back to you. Keep the balance and remember the 80/20 rule, it is your key to becoming a great kisser.

You can judge your progress from feedback. Women will tell you if you are good, there are so many guys that kiss like 5th graders out there you should be getting that compliment at least 50% of the time. Or you might feel them holding your face with their hands, which is just as good as them vocally expressing it.

Pacing the foreplay to make her rip your clothes off...

Sounds a little crazy, but you can do it. Women are heavily weighted on emotions and let those feelings drive their actions. Foreplay should be taken slow on your end unless the woman is leading you faster. When you take her shirt off, take your time touching her; build it up slow and sensual. Don't rush past the breasts unless she leads you faster. Gently massage them as if they were in pain and you are trying to relieve the soreness. Play with the nipples by slightly punching them or with small subtle bites with your teeth. Be gentle at first and see how she responds to your actions.

Remember, you are playing hot and cold here with her body. Enjoy it, don't be afraid to look or feel stupid by enjoying her body. The fact that you are enjoying the slow exploration of her body will turn her on even more and add to the building urge you are creating during foreplay.

From this point I leave the ball in the woman's court so to speak. Unlike most men, I do not rush to her downstairs area and start rubbing her outside her pants, and there are 2 reasons for this.

1. This shows no patience on your end and is likely to end your foreplay progress by you being to aggressive.
2. Even if she is game for it by you initiating the process, you will probably not receive anything in return because you jumped the gun. A good example of this would be if you were ever in a situation where a girl was giving you pleasure and then during that time you start to pleasure her, what usually happens? She stops! See it's hard for a woman to concentrate when she is being pleased, unlike men who can walk around with a hard on all day. She probably does want to pleasure you, but it just doesn't make sense for her since it takes away from her pleasure experience.

So hold back until you feel her making an attempt to go downstairs on you. It usually starts with her rubbing the outside of your pants. From this point let her take control and pleasure you for a little, she might go nuts or just arouse you, just let her do her thing. When she is finished, she will let you know (in some way ;) and you can proceed further.

On a side note, never push a girls hand or head to go down on you! Have some fuckin patience; less is more when arousing a woman for the first few times and being to aggressive will fail you in most cases.

Understanding how to work the clitoris and G-Spot to cause pleasure, not pain.

Every man claims they know how to pleasure a woman, but since girls lie to feed or tame egos, how can you really know?

Let's start with the clitoris; it is located on the outside of the vagina closer to the top. It actually looks like a tiny penis on some women (because it is); on others it just looks like a piece of skin in a kind of hood shape. Since all women's bodies are different, you might have to feel around a little to find it. While doing this, keep an eye and ear open to see what kind of reaction you are getting. Think of it as a guess and check game; when you see or hear her kind of jump as if you are tickling her, you know you found it. Gently work it while watching her reactions to adjust your style and pressure. A good way to start is by taking your index and middle finger pointing down towards her butt, rest the end of your palm just above her vagina and begin rubbing your fingers on the area in a clockwise direction and then counter clockwise. It's pretty hard to miss hitting the clitoris with this motion.

Now that we have covered some basic clitoral pleasure, it is time to concentrate on the most important part of pleasuring a woman, the G spot...

Some women I have been with are amazed since no one has ever pleased them so directly via the G spot. This area is the key to making them cum! Some might cum from playing with their clit, but this is a completely separate orgasm. A woman can cum in 2 ways, externally and internally. As you might have guessed, the internal orgasm is the prize you should be working for. For a woman, the internal orgasm is probably similar to 10 times the pleasure we feel when we cum. That's right 10

times if not more! The clitoral orgasm is closer to what a man feels when he ejaculates. So if you can make her cum internally, you are well on your way to sealing the deal.

The internal method

First off, make sure your hands are clean and nails are trimmed!!!

To get to the G spot, you will have to finger the woman and position your finger slightly above her clitoris, but on the inside. You can feel the difference on your finger; it almost feels like a wet piece of corduroy material, smooth, but with ridges in it. Once you feel this area, I want you to keep pushing gently on it as if you were pushing a pleasure button in a video game (because you are), try pushing it once a second for about a minute, just don't push too hard. Watch her reactions and see if she is feeling pleasure or pain. These areas are sensitive and can turn from pleasure to pain very quickly. Take your time and learn the intricacies of her vagina and her sensitivity levels. Everyone is different to a degree.

If you can't find and/or reach the G-Spot then you can try using your other hand to softly push down on the woman's lower stomach area. This will force your finger closer to the spot and possibly give you that extra room to perform your task.

This is something you have to work on and get the feel for. If you are comfortable with the woman you are with then ask her if what you are doing feels good. Don't be shy, this is just showing that you are into giving her pleasure (it's usually a turn on).

Chapter 6

Sealing the deal and keeping her interest after you have hooked-up or had sex...

It's all about the fairy tale! Women want romance, flowers and all those things in the movies even if they say are not into them. I might be wrong with the occasional Goth girl or what have you, but in most cases this applies.

I am going to break down the beginning of this chapter with 3 basic terms and I will base them on percentages according to the phase of your relationship.

Passion - strong feeling or emotion; a feeling of strong sexual desire (remember: passion and patience go hand and hand. Don't force things and at the same time recognize and seize opportunities to be passionate)

Romance - expressive of or exciting sexual love or romance

Gestures (material and emotional) - show, express or direct through

The first few dates

The first few dates should be played casually, don't go and fall in love with a girl and loose reality. Have patience and don't be anxious, build rapport and attraction.

Here are my recommended percentages for this 3-5 date time period:

Passion: 70% (about your life, when kissing and during other get to know you questions)

Romance: 5% (let her know you are interested, but that there is still some winning over she needs to do)

Gestures: 25% (open doors, have patience, be a gentleman to all women you see when with her, have class!)

4-6 weeks after

The next 4 to 6 weeks will be slightly different, in most cases I will assume that you have had sex you player. Let's face it; most people in our day and age usually have sex within 3-5 dates if there is an attraction. Here is where the relationship is the most fragile. If you like them, and you have already had sex with them, you get comfortable and feel like things are locked up and the games are over. In most cases they are not, especially if this girl has other men chasing after her. Make yourself a little scarce without seeming shady. This shouldn't be a problem if you have taken steps to make your life better because you will have lots of options. Be respectful and don't spin a web of lies you can't defend. A simple white lie is ok, but if you make up some story that has holes, you will loose trust and possibly everything if you come off shady about it.

Here are my recommended percentages for this 4-6 week time period:

Passion: 65% (keep the fire alive and hot, but not too hot or you will get burned)

Romance: 15% (get her attention by doing small but noticeable things for her: offer to help her out with something small in her life. 1 or 2 small things for now, no more unless asked and you feel she deserves it, keep the balance!)

Gestures: 20% (a little mixed with romance in this period because you never know what qualities women find romantic, so gestures are a nice way to explore. You can buy her something small here, don't go to crazy, try to make it more sentimental than materialistic. Of course keep up the normal gentleman like things; after all, you are a gentleman ;)

The next 3 months

If you have made it this far then you have potential to last the distance ;) Since you are still in the love makes me dumb stage, I want you to loosely follow these next suggestions. It is less likely to lose the girl here over a random comment or action like in the previous stages, substantial time has been invested by both parties and you can recover from those moments much easier now. Things are good, don't be jealous and trust her until she gives you a reason not to. When she wants to go out with friends, encourage it and don't let it bother you (which it probably won't since you actually trust her; if it does bother you than fake it, the feeling will ease over time). This stage is mostly powered by romance and is crucial for building long term memories.

Here are my recommended percentages for next 3 month time period:

Passion: 45% (keep it hot always, but vary things up here; add more hot and cold to your ways by focusing on your own life; maybe take a class or something)

Romance 30% (kick it up here and put effort into some big events of hers like: birthdays, accomplishments or holidays)

Gestures: 25% (along with the romance, bring the gestures back up a little here and buy her something material such as flowers, jewelry, theatre tickets or similar items. Again, don't go overboard here, not that you will lose her, but you might set a precedent you are not ready to keep for the long haul)

From here to rest of your life (if you want ;)

Depending on your age range this period can lead to marriage, taking a break or a break-up. Why such extremes? Because men usually aren't ready or don't want to fully commit yet. Men 29 and older are likely to lean towards marriage or ask for a break, while younger men will usually end up in a break-up. Of course there are isolated cases, but in my experience it tends to play out like this.

If you are interested in pursuing this relationship further I have just one basic tip. Keep it interesting! How? Use the percentages in your own way month to month. Maybe one month you go crazy with passion followed by gifts and gestures the next month and a romantic getaway or night on the town thereafter. If you have made it this far then you should have no problem understanding this concept and putting it to good use!

In closing

“You can get the women you want when you decide to become the man you always wanted to be”

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